

YOUR FOREST YOUR ADVENTURE

Summer 2010 • VOL 5 • NO 1



Jefferson Memorial Forest

11311 Mitchell Hill Road
PO Box 467
Fairdale, KY
40118

502/368-5404

www.memorialforest.com

www.metro-parks.org

forest@louisvilleky.gov

parks@louisvilleky.gov

Welcome Center

Monday-Saturday

8:30 a.m.-4:30 p.m.

Sunday/Holidays

10 a.m.-3 p.m.

The Welcome Center is your destination for maps, gift items, program reservations, camping reservations, permits and Forest information.

Directions

From I-65 south, take the Gene Snyder Freeway (I-265) west and exit at New Cut Road. Turn left, go about one mile, and turn right onto Mitchell Hill Road. Follow the signs to the Forest.

Mission Statement

The mission of Louisville Metro Parks is to create a City of Parks and enhance the quality of life for citizens of Louisville Metro by maintaining and acquiring attractive, vibrant parks and offering safe, diverse recreation programs, and protecting these lands and resources for future generations.

Fairdale – Gateway to the Forest

Fairdale is often thought of as the “Gateway to the Forest” – the point through which most visitors pass to reach the Forest and where their first impressions are formed as one travels through Fairdale and along Mitchell Hill Road. It is a stated goal of many, including Metro Parks, the Fairdale-Auburndale Business Association, and local elected officials to work together to enhance this corridor to a level of other such gateway communities that serve as entrances to similar scenic and recreational areas. Examples from the region include: Nashville, Indiana which is the gateway to Brown County State Park and Hoosier National Forest in south-central Indiana and Grand River’s, Kentucky which is the gateway to Land Between the Lakes Recreation Area in southwestern, Kentucky.

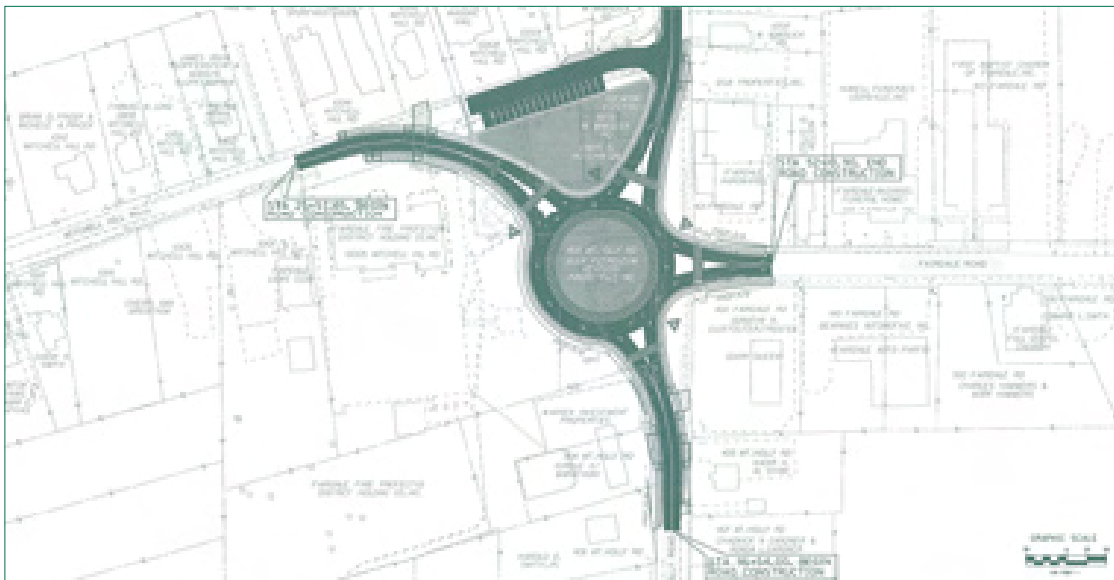
Louisville Metro is working to help make Fairdale even more walkable and bikable with a variety of healthy retail, dining, and other businesses supported by tourists and visitors of the Forest. Earlier this year, Metro Public Works unveiled a detailed concept plan for the long-awaited improvements to Fairdale’s main intersection. More recently, Mayor Abramson announced that \$2 million has been allocated for construction of a new Fairdale Library branch that will be situated along Manslick Road just a few hundred feet from



the proposed roundabout. Finally, Metro Parks has received funding to plan the final route of the Louisville Loop through Fairdale and to the Jefferson Memorial Forest. The loop in this area will be a vital piece of infrastructure connecting residents to the Forest as never before and providing campers, hikers, walkers, bikers, and equestrians access to expanded recreational opportunities.

These improvements will help Fairdale retain its rural character and make the area more attractive and easier to navigate for visitors. The hope is to attract new residents and ultimately support other improvements to enhance the quality of life for residents in the entire area. We want to encourage friends of the Forest to provide input on these planned improvements as opportunities arise. Please check our website and future newsletters for information on public meetings.

Bennett Knox, Parks Administrator





Clifton Heights Park – Working Together to Make a Difference

Kevin Downs, a resident of the Clifton Heights neighborhood and active member of the Clifton Heights Community Council (CHCC) has long been a tireless advocate for development of a greenway in the community that might ultimately connect to the Louisville Loop along River Road. With critical help from District 9 Metro Councilwoman Tina Ward-Pugh, this vision is much closer to reality.

In 2007, Councilwoman Ward-Pugh commissioned a concept plan for a greenway in this area situated off Birchwood Avenue near the VA Hospital. Then in 2008, with further support from Councilwoman Ward-Pugh, Metro Parks purchased 4.5 acres from the Bradley family and the Clifton Heights Park was formed.

“Without the matching funds from the Jones Family, this little piece of paradise in the urban core would have been five more years in the making. Our appreciation goes out to the Jones Family for their generosity,” states Councilwoman Tina Ward-Pugh. In addition, in response to a request from the Bradley Family for the purchase of this property, and in recognition of their parents, this 4.5 acres will ultimately become the Bradley Greenway. “We are pleased to honor this request by the Bradley Family,” stated Ward-Pugh.

The wooded property is situated in a beautiful valley nestled among the neighboring residential area and has a small stream running through. Unfortunately, while it has great potential, it is currently in a rather degraded state and overrun with exotic invasive plants with a small degree of historical dumping. However, through a park adoption agreement between Metro Parks and the Clifton Heights Community Council initiated in 2008, that is changing.

Once again, Kevin Downs has stepped up as a leader. He has organized a group of dedicated community members too and is working closely with our staff to help restore the area. Kevin and other volunteers meet on the first and third Saturdays of the month to remove invasive plants and perform other related improvements so that this property can be transformed into one that the neighborhood is proud of and utilizes more frequently.

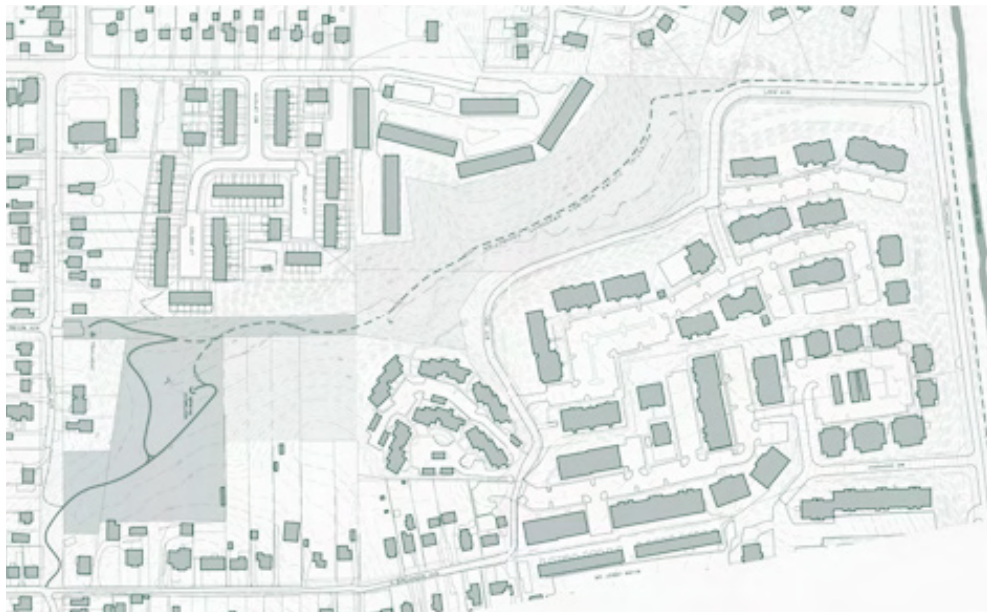
Kevin Downs removing historical dumped debris at Clifton Heights Park.



Over the long term, the plan calls for construction of a small parking area and trailhead leading to a wheelchair accessible trail. Ultimately, as other properties are brought into the project either through donation or utilization of existing easements, a paved trail will be constructed, one that passes by some of the property's more unique

features (including a natural spring), before connecting to Louisville greenway system including the Louisville Loop.

If you are interested in helping with this effort, we encourage you to contact Kevin Downs at 618-0359 to volunteer your time.





JMF Maintenance and Trails Staff Delivers!

Over the past few years, visitation to the Jefferson Memorial Forest has steadily increased to the point that on many nice weekends there are no parking spaces at the Welcome Center. With pending improvements to the Welcome Center area, including new Yost Ridge Trail, it is apparent that additional parking is necessary. With limited capital funding available, thankfully (and once again) JMF maintenance crew has

come through in fine fashion with assistance from Metro Parks' Forestry Division.

In recent years, our maintenance and trails staff has undertaken a great many quality special projects that have ultimately saved taxpayer dollars. These include restoration of Shannon's pond, dredging and reshaping of Waverly Park Lake and now installation of an 8,500 square foot gravel parking lot across

from the Welcome Center at the entrance to Tom Wallace Recreation Area. While they don't always receive much recognition for their work, we are very proud of our crew of fine fellows who work hard each and every day to help visitors to the Forest and other natural areas have a wonderful experience.



*L to R: Gene Underwood, Parkworker (PW) I; Corey Smith, PW II; Philip Paulley, PW II; Matt Blankenship, Horticultural Worker I; Jim Waters, PW II (CDL); Larry Hilton, Naturalist over Trails; Jerry Waddell, Parks Supervisor II.
Bryan Lewis, Infrastructure Manager, not pictured.*



Volunteer News

Congrats to All Our Graduates!

Congratulations are in order for the 20 individuals who endured 15 weeks of intensive training to become the second class of Volunteer Program Naturalists. Experienced Program Naturalists served as mentors for the trainees throughout the training, offering guidance, assistance and wisdom to the newcomers. Volunteers braved winter ice and spring storms to attend classes January through April, culminating in a graduation ceremony on Wednesday, May 5. Staff, family and friends gathered to honor the efforts and dedication of this group who will serve the Natural Areas Division as volunteer teachers, aiding the education staff with public and private programs. The graduates are already hard at work, making your public program as engaging and educational as possible. They are:

Marlene Accardo	Jill Maurey
Craig Anderson	Sherryl Metzmeier
Mary Aragon	David Nevitt
Susana Coto-Kerk	Sally Nielsen
Tara Findley	Lois Norris
John Hatton	Chris Paulley
Susan Hatton	Caleb Payne
Thomas Hudson	Erin Snook
Margie Jones	Patricia Thomas
Bill Landrum	Jason Witt

The Trail Team also celebrated the advent of a new position within their group – Trail Crew Leader. Six individuals stepped forward to accept this leadership role and receive the needed training. Training included topics ranging from new trail development and specifications to volunteer management and park regulations. Now fully trained to host and lead volunteer project days, the new Trail Crew Leaders hit the ground running and have already hosted several work days independent of staff. These unsung heroes work in the background to assure that the Forest and other Natural Areas parks provide a safe and pleasant hiking experience. The new Trail Crew Leaders are:

Robert Bridges	Jean Gawarecki
Billy Davis	Otto Mock
David Gawarecki	Sheri Mock



Naturalist Trainees practice a team building exercise.

Show Your Support

Volunteers play a major role in keeping the Natural Areas parks well maintained and the programs engaging. You can now show your love of our wooded areas while supporting the Natural Areas volunteer program at the same time! Monetary donations to the Louisville Metro Parks Foundation can be designated for the Natural Areas/JMF volunteer program. Your entire tax-deductible donation will benefit the volunteer program, providing needed funds to purchase supplies, tools, shirts, training and education materials, and awards for our dedicated volunteers. Show them you appreciate their hard work by sending in your donation today!

Louisville Metro Parks Foundation
P O Box 37280
Louisville, KY 40233-7280

Know Your Natural Areas Volunteers

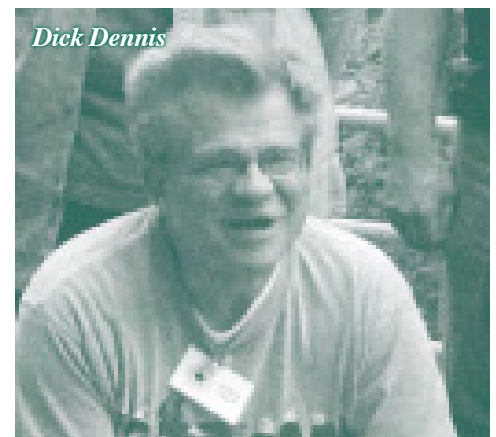
How do you know who the volunteers are? You'll know them by their volunteer ID badge! When you see a person wearing a green lanyard and Volunteer ID badge, you'll know you've found someone knowledgeable about the Forest, someone who can offer advice on activities, share a birding moment or help you find your way. Remember to say "thank you" for all they do to keep the Natural Areas parks a pleasant place to be!

Volunteer of the Month Program

Our dedicated group of ongoing volunteers

continued their friendly competition for Volunteer of the Month. Each month the volunteer with the most service hours is awarded with a Forest gift certificate and their picture on the Wall of Fame in the Volunteer Corner of the Welcome Center. Congratulations to the following winners:

February – Dick Dennis – 23.45 hours
 March – Dick Dennis – 45.75 hours
 April – Margie Jones – 41.25 hours
 May – our very first TIE – John Buchenberger and Margie Jones – 43.5 each



Dick Dennis



Margie Jones



John Buchenberger



Forest Fest 2010 Wrap-Up



On Saturday, May 15th, Jefferson Memorial Forest hosted the white-hot Bluegrass of Dailey and Vincent. The weather was perfect for the 3,800 Bluegrass fans coming out to enjoy great music, good food, and the wares of local crafters and environmental businesses. Filling out the line-up was Earl Bull and Clinch Valley Bluegrass, Blue River, and up-and-comer Jeri Katherine Howell.

Kids played in the children's area and learned about the forest at the nature booth. Adults shopped for crafts from area artists and bought music and souvenirs from their favorite bands. Families enjoyed picnics and couples held hands as they sat and enjoyed the music.

A festival this large doesn't happen without a lot of support. We wish to thank our Presenting Sponsor, District 13 Councilwoman Vicki Welch.

And the following Louisville Metro Councilpersons:

Judy Green, District 1
Mary C. Woolridge, District 3
Tina Ward-Pugh, District 9
Rick Blackwell, District 12
Bob Henderson, District 14
Marianne Butler, District 15

Jon Ackerson, District 18
Dan Johnson, District 21
James Peden, District 23
Madonna Flood, District 24
Brent Ackerson, District 26

Other sponsors:

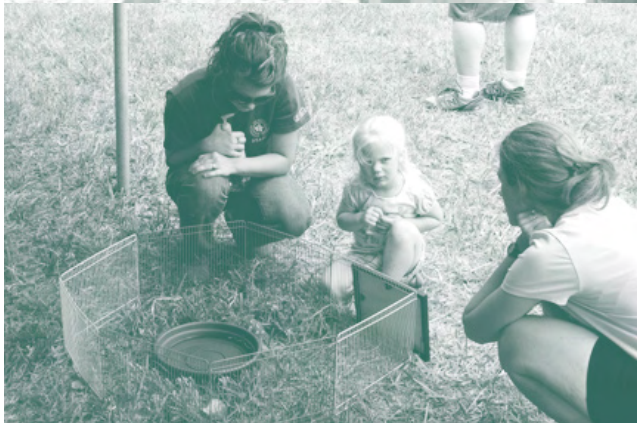
Fairdale Pic Pac
Fairdale Dairy Queen
Fairdale-McDaniel Funeral Home
Furniture Liquidators

The Café
ISA Recycling
Fairdale Feed and Hardware

And a dynamite group of program volunteers:

Marlene Accardo	Dorothy Converse	Bill Landrum	Dorothy Raso
John Buchenberger	Dick Dennis	Mike Lomax	Jeff Ross
Melissa Burton	Tara Findley	Tina Newcomb	Karen Samuels
Rick Bywater	Beth Frey	Chris Paulley	Erin Snook
Tony Cissell	Paul Gardner	Linda Paulley	Charlene Swan
Becky Collings	Mark Jamison	Harold Purkheiser	Pat Thomas
Jim Collings	Margie Jones	Nell Purkheiser	Danny Witt

Plans for next year's event, on Saturday, May 21st are underway. If you would like information on how you can help support this growing event, including sponsorship opportunities, please contact Tonya Swan, Public Education Supervisor and Forest Fest Organizer at 368-6856.





2010 Jefferson Memorial Forest Summer Camps

SUMMER ADVENTURES

This day camp immerses your child in the natural world. Campers take on the roles of naturalist, scientist and explorer as they discover new things about the Forest, and the creatures that inhabit it. By combining educational activities and learning experiences with traditional summer camp fun, your child will have an educational adventure to remember for a lifetime.

Camp activities include nature study, crafts, science experiments, games, journaling, hikes and animal contact with the Forest's education animals. All campers receive a Forest water bottle. Each session runs for one week.

FOREST ADVENTURES

July 12-16, 9 a.m.-4 p.m.

Is your child an explorer? Do they crave adventure? They are sure to find it here! Campers explore the trails deep in the forest, climb our alpine tower, and learn rappelling skills. They learn skills such as fire and shelter building and using a map and compass.

CREATURE TREKKING

July 19-23, 9 a.m.-4 p.m.

Campers explore a variety of habitats and learn about the creatures that call these places home. Campers travel through the forest, along the forest edge, across fields and meadows, and into streams. Campers will learn what to look for when tracking animals, and what the population of animals can tell us about ourselves and how we affect the world around us.

AQUATIC HABITATS

July 26-30, 9 a.m.-4 p.m.

Discover the exciting world within a pond, lake, stream and river. Campers explore a lake while canoeing, hike through a forest to a winding stream, use nets to collect specimens, and view the many tiny creatures they collect on our videoscope. Also, campers are engaged in crafts, journaling and science experiments. Life preservers are provided and trained staff will accompany the campers in a 1:3 ratio for our canoe excursions. Parents are welcome to join their child for canoeing field trips.

TIME TRAVELERS:

ADVENTURE INTO THE PAST WITH RIVERSIDE, FARNSLEY-MOREMEN

Ages 8 to 11

July 6-9, 9 a.m. to 4 p.m.

Travel back in time to discover how Native Americans lived in the forests of Kentucky, go on an archaeological adventure to find real artifacts and travel forward to learn about the people who came after the Native Americans and settled on the banks of the Ohio River. Camp begins at Jefferson Memorial Forest Horine Reservation for July 6th and 7th. Then drop-off and pick-up will take place at Riverside, Farnsley-Moremen for July 8th and 9th

Registration

Sessions are filled on a first-come, first-served basis. Full payment is required at the time of registration. Full payment and completed registration form are required prior to the first day of camp. You will promptly be notified if a session is full or cancelled due to insufficient enrollment. Confirmation will be e-mailed or mailed to you prior to the beginning of camp.

Payment options and refunds

Price includes all camp supplies, water bottle, t-shirt, and small snack. Registration forms can be mailed with check or credit card information to Jefferson Memorial Forest, P O Box 467, Fairdale, KY 40118. Reservation forms and information packets may be requested by phone, but reservations will not be accepted over the phone. Make checks payable to Jefferson Memorial Forest. Include the session dates that your child is attending on the check. Refunds, less a \$25.00 processing fee, are given only if a cancellation is made in writing at least 2 weeks prior to the first day of camp. If a camp is filled or cancelled, a full refund will be made to you. All camps are subject to maximum and minimum enrollment requirements.



2010 Jefferson Memorial Forest Summer Camp Registration

Registration fee must accompany this registration form.

Make checks payable to **Jefferson Memorial Forest**. When registering more than one child, send the information for each child on a separate form. Mail check and registration to:

Jefferson Memorial Forest • Summer Camp • PO Box 467 • Fairdale, KY 40118

Forest Adventures*

☐ July 12-16

\$115

Creature Trekking*

☐ July 19-23

\$115

Aquatic Habitats*

☐ July 26-30

\$115

Time Travelers [ages 8-11]

☐ July 6-9

\$175

**Price is per week.*

Child's last name: _____ Child's first name: _____

Sex: ☐ M / ☐ F Age: _____ Birthday: ____ / ____ / ____

Address: _____

City: _____ State: _____ Zip code: _____

Home phone: _____ Emergency phone: _____

Email address: _____

Is there a friend/sibling you would like placed with your child? _____

This cannot be guaranteed if children are in different age groups or if space is not available.

Does your child have any health concerns, special needs or allergies? _____

I hereby authorize Jefferson Memorial Forest/Metro Parks to take any steps necessary to ensure my child's health in case of an emergency, including seeking medical treatment. My child has permission to go on all camp-sponsored field trips. I understand that transportation will be by van with a staff driver for all field trips.

Signature: _____ Date: _____

I hereby authorize Jefferson Memorial Forest/Metro Parks to use my child's name and/or photograph for educational and public relations purposes.

Signature: _____ Date: _____

Payment

☐ Check Amount paid: _____

Check Number: _____

☐ Credit Card: ☐ Master Card ☐ Visa

Name on the card: _____

Card number: _____

Expiration date: _____

Signature: _____



Summer Camp Adventures

In one of several imaginative scenarios at June's Adventure Day Camp, campers learned First Aid skills and responded to a mock emergency in which soccer star David Beckham reportedly injured several campers to prevent them from displaying their superior soccer skills. Appropriately splinted and bandaged, our campers were able to continue on with their adventures.

Our moderately priced day camps offer unique experiences close to home. In addition to learning First Aid skills, Adventure Campers climb the alpine tower, learn to build survival shelters, start fires using flint and steel and use maps to locate hidden caches of water balloons for Friday's water battle.

Our Creature Camp is perfect for your junior naturalist and offers a chance to get up close with our nature center animals, search for insects and birds and learn about wildlife and raptor rehab from Second Chances Wildlife Rehab and Raptor Rehab of Kentuckiana.

Classic outdoor experiences like canoeing and fishing are a part of Aquatic Camp. Stream and lake studies and a visit to the Louisville Water Company are highlights of this camp.

Our July camp sessions have a limited number of openings, so sign up soon to guarantee your kids a memorable summer. Call the Welcome Center at 502/368-5404 to make your reservation or go online to www.memorialforest.com to download a registration form and learn more about our camp programs.





National Trails Day Celebration 2010, a Monumental Moment for Jefferson Memorial Forest



On National Trails Day, June 5, the Forest celebrated a monumental occasion: the connecting of the trail system between Tom Wallace Recreation Area and the Horine Reservation. Volunteers and staff have been working extremely hard over the last year on this connection that kicked off during National Trails Day 2009. The first mile of new trail will be called the Yost Ridge Trail, which coincides with the name for the ridgeline on which the trail is built. Another 0.3 mile section of new trail has become a spur of the Mitchell Hill Lake Trail connecting the Yost Ridge Trail to the Horine Reservation. Over the next few months, staff and volunteers will be extending the Yost Ridge Trail to connect to the Paul Yost Recreation Area near its entrance on Holsclaw Hill Road.

During the opening ceremony, District 13 Councilwoman Vicki Welch gave special thanks to the many key players who made this trail connection a reality. Mr. and Mrs. Jeffery Lamont were honored for their willingness to sell Metro Parks a key section of their property that allowed the trail to be built along the ridgelines. Mr. Max Baumgardner was honored for his generous donation to the Metro Parks Foundation in order to purchase the Lamont Property. Mr. Baumgardner spoke about how the Forest rejuvenates the senses and about his early visits to the area with long-time Forest volunteer, Dudley Saunders. Additionally, the American Hiking Society and Nature Valley

Granola Bars were honored for awarding the Forest a \$5,000 grant to construct this trail and to support our volunteer Trail Team.

A proclamation from Mayor Abramson was presented to Dudley Saunders by Mary Lou Northern, the Mayor's Senior Advisor for Parks and Cultural Affairs. It honored Dudley for his determination in making this trail connection a reality by connecting Mr. Baumgardner with the Forest. He was also recognized for his extreme dedication in helping to build the trail and his years of volunteer service with the Trail Team. As part of the proclamation, the Yost Ridge Trail will be affectionately known also as "Dudley's Trail."



Appreciation was shown to the trail volunteers for their dedication to making this connection a reality. They logged hundreds of hours. Many area school and scout groups helped. Students from the University of Minnesota and the University of Iowa made working on this project part of their Alternative Spring Break.

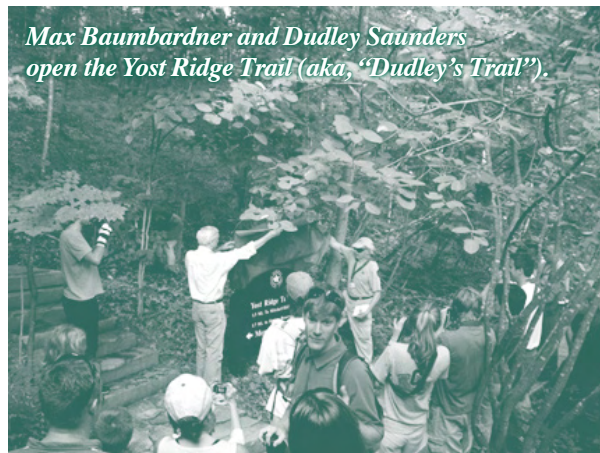
After honoring all of those who made this trail a reality, the last stone was laid on the stairs at the entrance to the trail. Leading the first hike were expert hikers Sheri and Randy Propster from Backpacker Magazine's "Get Out More Tour!" The Propsters travel throughout the country, blogging about their hiking adventures and experiences with the



Mary Lou Northern, Senior Advisor to Mayor Abramson, honors Forest volunteer Dudley Saunders.

backpacking equipment they used. To view photos from their visit to JMF, go to www.getoutmore2010.com.

We hope you will take a break from the routines of life this summer and hike the Yost Ridge Trail. The new sections of trail are within a range considered "moderate" and follow the natural contours of the land with gradual elevation changes. Your gradual climb to the ridgelines will be rewarded with spectacular views of the surrounding landscape. You can begin the Yost Ridge Trail at the Welcome Center where you can pick up a map and some trail snacks for the journey. If you are camping in the Horine Campground, you can follow the Mitchell Hill Lake Trail to the Yost Ridge Trail leading you to the Welcome Center and Tom Wallace Recreation Area.



Max Baumbardner and Dudley Saunders open the Yost Ridge Trail (aka, "Dudley's Trail").



Public Program Calendar: June Through September

The Forest offers programs for all ages. For more information visit our website at www.memorialforest.com or call the Welcome Center at 502/368-5404. Our staff will be happy to help make reservations, give directions to the program location, or provide a complete schedule of programs throughout the year. For all programs, please wear close-toed walking shoes and dress for the weather.

Reservations are required in advance. The Forest reserves the right to cancel programs due to insufficient registration or inclement weather. Rain checks will be provided.

OUTDOOR SKILLS-ARCHERY

Saturday July 3, 2010, 9 a.m.-Noon

Archery is a great activity that can be shared by the entire family. National Field Archery Association Certified Staff will introduce you to Olympic-style archery. Learn how to shoot a bow and arrow within minutes. Bow safety will be stressed. This program is for all physical ability levels. All equipment is provided. Children 8 and over are welcome and must be accompanied by a parent or guardian. Meets in the Horine Reservation.

Fee: \$6 per person

HOWL AT THE MOON – DOG HIKE

Friday, July 16, 2010, 7-8:30 p.m.

Friday, August 20, 2010, 7-8:30 p.m.

Friday, September 17, 2010, 7-8:30 p.m.

Come out to the Forest for an evening romp through the woods with your dog! Forest staff will lead owners and their pooches on a hike through the woods. Keep in mind that your dog will be around other dogs and people. Non-retractable leashes and good behavior are required. As a courtesy to other dogs, please make sure your pet is up to date on their vaccines. Meets in the Horine Reservation.

Fee: \$6 per dog

CHILDREN'S PROGRAMS

FAMILY FOREST EXPLORERS

This series of classes are meant to intrigue the young and old alike. Participation is tracked and points earned for each session. A prize will be given at the end of the series to the family with the highest number of points. Meets in the Horine Reservation unless otherwise noted at time of registration.

Fee: \$10 per family (limit 4) \$5 for each additional person

SNAKES AREN'T SO BAD!

Saturday, July 10, 2009, 10 a.m.-Noon

Snakes and other reptiles get a bad rap but really play a crucial role in our Forest! This interactive class will bring your explorer in contact with several reptile species from our Nature Center.

KENTUCKY FISH WATERFOWL AND POND LIFE

Saturday, August 14, 2010, 10 a.m.-Noon

Lake life is the way to go! Kentucky is home to several unique species of fish as well as water fowl. This lake-side class will get your explorer down and dirty as they search for bank species using nets and microscopes.

INSECTS NOBODY LOVES

Saturday, September 11, 2010, 10 a.m.-Noon

Ants, Beetles, Hornets, Bees and Roaches... What good are they? Well, loads of good! Without the bees, who would help our flowers bloom? This hands-on class brings your explorer into the smaller, yet important world of insects.

NATURE EXPLORE FAMILY CLUB – LOUISVILLE NATURE CENTER – FOR THE BIRDS

Saturday, September 18, 2010, 9:30-11:30 a.m.

Sneak inside the world of birds by viewing them in the bird blind and hiking through the Beargrass Creek Nature Preserve. This program is for parents and their children ages 3 -5. Program includes active exploration time outside so dress for the weather. Program meets at the Louisville Nature Center. To register for this program, call 458-1328.

Fee: \$6 per child

CANOE PROGRAMS

ACA FLAT WATER CANOE SAFETY COURSE

Saturday, August 7, 2010, 9 a.m.-4 p.m.

A valuable class at a great price! Learn the basics of equipment, paddling strokes and rescues for canoeing. Rescue practice is part of the class so everyone will be in the water at some point. So dress for getting wet. All equipment will be provided. Bring a sack lunch. For ages 12 and up. All children must be accompanied by a parent or guardian. This program meets at the Welcome Center. Space is limited to 12 participants. Canoe programs are subject to change of date or venue due to water conditions and weather.

Fee: \$25 includes student packet with brochures, posters, participation card, course outline and ACA decal.

CANOEING AT TWILIGHT

Friday, August 27, 2010, 7-9:30 p.m.

By the light of the moon, experience the tranquility of the evening as you drift on 46 acre McNeely Lake. See animals as they emerge for a drink of water and begin their evening foraging. For ages 7 and up. All children must be accompanied by a parent or guardian. Program meets at the Forest Welcome Center. There is space for 18 participants with a maximum of 12 adults. No space will be available for individuals showing up on the day of the program.

Fee: \$15 per person

BIRD WATCHING FROM A CANOE

Saturday, September 4, 2010, 9 a.m.-2:30 p.m.

Explore islands, look for shore birds and paddle the protected waters at Falls of the Ohio. Bring a sack lunch. For ages 7 and up. All children must be accompanied by a parent or guardian. Program meets at the Forest Welcome Center. Sign up early as



Public Program Calendar: June Through September

space is limited to 18 participants with a maximum of 12 adults. Canoe programs are subject to change of date or venue due to weather conditions or water level. No space will be available for individuals showing up on the day of the program.

Fee: \$15 per person includes all equipment and canoes.

ESSENTIALS OF RIVER CANOEING

Saturday, September 11, 8:30 a.m.-4:30 p.m.

This American Canoe Association skills course is an introduction to paddling rivers safely. Participants learn to catch large eddies, perform simple ferries, recognize hazards and perform rescues on moving water with no rapids. All equipment is provided. You will get wet so dress appropriately. Bring lunch to take with you on the water. Program meets at the Welcome Center and is limited to 12 participants. Canoe programs are subject

to change of dates or venues due to water conditions and weather.

For ages 12 and up. Children must be accompanied by a parent or guardian. All participants receive an ACA packet with brochures, a workshop card and decal.

Fee: \$25 per person

NATIVE GARDENING – KENTUCKY WILDFLOWERS AND NATIVE PLANTS

Monday, September 13, 2010, 9 a.m.-Noon

Jefferson County Cooperative Extension Master Gardeners will discuss Kentucky wildflowers and native plants. Following the talk, there will be a native plants tour. Participants will learn how to identify wildflowers and native plants, their unique growing conditions and uses in home landscapes. Meets in the Horine Conference Center.

Fee: \$10 per person

PUBLIC ALPINE TOWER CLIMB

Friday, September 24, 2010, 7-10 p.m.

Come challenge yourself on the 52-foot climbing tower as the sun sets on the Forest. A new way to experience the Tower! Learn basic climbing while experiencing increased self-esteem, confidence and problem-solving skills for tackling this "High altitude" obstacle course. This program is for ages 10 and up. A parent or guardian must accompany all participants under the age of 18. Please wear: tennis shoes, long pants or shorts with an inseam at least 5 inches in length for your own comfort in the harness. Sign up early as space is limited to 16 participants. Meets in the Horine Reservation.

Volunteer News, continued

Special Thanks To...

- Mr. Jim Carroll, owner of the Dairy Queen locations in Fairdale and Taylor Boulevard, for his ongoing volunteer support. Mr. Carroll provides lunch coupons for free combo meals to our volunteers as appreciation for their hard work.
- Boy Scout Troop 194 and Pack 366, for their assistance on March 27 with the X-Stream Cleanup at Tom Wallace Park. Scouts helped remove trash from Bee Lick Creek and its flood plain.
- Boy Scout Troops 20 and 567, for their assistance with trail work in the Paul Yost section of the Forest on Saturday, March 27, to celebrate both the Brightside Community cleanup and the 100th Anniversary of Boy Scouts of America.
- AT&T Pioneers, who have attended trail

project days in the fall and again on May 8, assisting with the completion of the new trail in time for its grand opening.

- Humana, for volunteers on Saturday, May 22, who removed downed limbs from difficult areas in Tom Wallace Park to allow easy access to a chipper and spread mulch to create a new pathway at the Welcome Center.
- And last (but never least) Heine Brothers Coffee, who supported our National Trails Day celebration on June 5 with coffee for the crowd.



Humana employees make volunteering a family affair.

Many Thanks!

Aaron Wiggen, Boy Scout Troop 63, completed his Eagle Scout project at Jefferson Memorial Forest by planning, building and placing two nature art tables in the Preschool Discovery area. Aaron's project took over 84 hours to complete. Thanks, Aaron!

Thinking about YOUR Eagle Scout Project? Consider Jefferson Memorial Forest or any of the other Natural Areas parks for your project. Our wish list projects are listed on our website at www.memorialforest.com, under Volunteer Opportunities. Still have questions? Give us a call: Sherry Wright, Volunteer Coordinator, 502-380-1753 or sherry.wright@louisvilleky.gov.

ELIMINATE WASTE AND GET THIS NEWSLETTER BY EMAIL!

Do your part to save trees and keep our costs down, by emailing forest@louisvilleky.gov with the request "subscribe to newsletter." Include your name and the mailing address where you received this issue, and you will then only receive electronic copies of future newsletters.

Jefferson Memorial Forest
11311 Mitchell Hill Road
PO Box 467
Fairdale, KY 40118

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Jerry E. Abramson, Mayor
Louisville Metro Council

Hot Off the Press!

Thanks to the efforts of District 13 Councilwoman Vicki Welch, the recently passed Metro Louisville Budget included \$200,000 to fund one of the first phases of improvements to the forest in the Paul Yost section. It is part of the estimated \$35 to \$50 million in improvements planned over the coming years.

This \$200,000 will be used to partially complete the planned improvements at the Paul Yost section, one of the forest's nine existing or planned amenity areas. The funds will pay for construction of a new parking area as well as minor improvements such as water service and possibly a picnic shelter.

Other planned improvements for Paul Yost, include a much-needed

restroom facility that will be built as additional funding becomes available. These improvements combined with trail improvements already underway will significantly improve the quality of Paul Yost as the Forest's main area for equestrian riding.



Metro Parks
www.metro-parks.org

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